

What does the Ministerial Health Commission represent?

We stand for caring, hope and encouragement. Caring enough to listen without judgment or blame. Compassionately acknowledging there are times in everyone's life where challenges become burdens and seeking assistance is not a weakness but a strength. Encouraging with understanding and confidential integrity so a person can share openly without shame or fear. We stand as an ever-present hope to walk together and move forward alongside a person with courage and trust.

When is the time to contact the Ministerial Health Commission?

Suffering comes to people in many different forms. And a person may not be able to handle it on their own. The MHC strongly encourages a person to reach out and make contact when life affects any part of their daily livelihood, be it physical, behavioral or emotional well-being. Contact us to talk to a sympathetic ear. Contact us to hear a friendly voice. Contact us when a confidential and compassionate listening ear is needed. Contact us when there is a need for assistance or supportive resources. Contact us when the "understanding" open door of the MHC is the first step to getting help. Whatever the reason, whatever the need, as soon as the feeling compels, contact us.

"Active church workers may be aware of the Ministerial Health Commission but may not know what Ministerial Health Commission is about. We are made up of various members of the District who all listen with compassion. We are that understanding, open door to contact in times of need."

Rev. Timothy Holzerland
Co-Chair of the Ministerial
Health Commission



The English District
**Ministerial Health
Commission**



Who is the Ministerial Health Commission here to assist?

The Ministerial Health Commission is here to assist all rostered English District church workers and their family members seeking a listening hear, confidential support, well-being, and supportive resources.



If someone feels the need to talk or reach out to the Ministerial Health Commission, where does one start?

Starting to seek help is not an easy thing to do. The Ministerial Health Commission (MHC) is there to talk with or reach out to. Knowing where to find the MHC information is a good place to start. Locate our contact information on the English District website at <https://englishdistrict.org/resources/english-district-ministerial-health-commission-biographical-information>. Keep the MHC information handy and easily accessible for everyone in the household or rostered church or school worker staff.

Recognize the Ministerial Health Commission consists of pastors and parish nurses and that our co-chairs can provide various starting options. It starts with a phone call or an email.

The journey of life is not an easy one. There may be times of struggles, obstacles, and sufferings, some of which are overwhelming. Remember the Ministerial Health Commission is the understanding door of caring, hopefulness, and trustworthiness that is always open. With integrity and commitment, we will walk with you and support you for as long as you want. Whatever happens or lies ahead we will be here. Whatever the reason, whatever the need, as soon as the feeling compels, contact us.

The Ministerial Health Commission will be there.



Members of your Ministerial Health Commission



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