

CONTACT US

Challenges, troubles, or suffering can affect people in many ways. When life's difficulties impact any part of your daily life—physical, behavioral, spiritual, or emotional—reach out to the Ministerial Health Commission. We offer compassionate help as a first step as well as ongoing confidential support and helpful resources.



**WHATEVER THE REASON,
WHATEVER THE NEED,
WE ARE HERE FOR YOU.**

SCAN THE QR CODE BELOW FOR
CONTACT AND BIO INFORMATION
FOR COMMISSION TEAM MEMBERS.



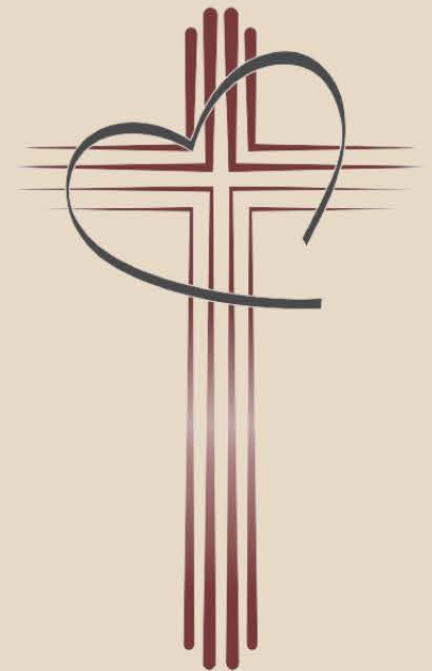
We know the journey of life is not an easy one. There may be times of struggles, obstacles and suffering, some overwhelming.

Whatever the reason, want or need may be, remember the Ministerial Health Commission is an understanding door of caring and hopefulness that is always open.

With integrity and steadfastness we will walk with you and support you for as long as you want because that is who we are and what we do.



**Ministerial
HEALTH
COMMISSION**



**ENGLISH DISTRICT
Ministerial
HEALTH
COMMISSION**



An ever-present resource and support to a culture wherein well-being strengthens English District workers and their families.

WHO WE ARE

The Ministerial Health Commission is a team of faith-centered individuals comprised of English District pastors, deaconesses, and parish nurses. We are a resource for all rostered English District workers, their spouses, and their children.

The Ministerial Health Commission serves as a listening ear available to you for private confidential support. Reach out to us when you are in need of resources or referral options for the well-being of yourself or your family. We are here and accessible for you.



WHO WE SERVE

We serve ALL rostered English District workers, their spouses, and their children:

- Pastors
- Teachers
- Parish assistants
- Deaconesses
- Rostered church workers
- Church workers' spouses and children

ALL are included



THE FIRST STEP

Asking for help is not always easy to do. The Ministerial Health Commission is a safe place to start. Any member of our team can offer various starting points in getting you the help you need in a confidential compassionate manner.

Getting help is just a phone call or email away. Ministerial Health Commission contact information can be found on the English District website (www.EnglishDistrict.org) or by scanning the QR Code in this brochure.



ACCEPTANCE

We listen without judgment or blame; compassionately acknowledging that everyone faces challenges. Seeking assistance is not a weakness, but a strength.

UNDERSTANDING

We offer understanding and confidential integrity allowing individuals to share openly without fear or shame.

HOPE

We represent an ever-present sense of hope, walking alongside individuals with courage and trust.